

LITERACY WORKS FOR

Personal Development Health and Physical Education

BOOK 1

UPDATED CONTENTS to show
links to new NSW syllabus for the
Australian Curriculum

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Quality literacy
resources for
subject areas

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Literacy Works for PDHPE helps students to meet cross-curriculum priorities for Literacy:

Learning Across the Curriculum Literacy

In PDHPE, students are provided with opportunities to develop and build on their literacy skills through the acquisition of specific terminology and language related to health and physical activity concepts. Learning in PDHPE encourages students to develop skills that empower them to be critical consumers, with the ability to access, interpret, analyse, challenge and communicate the dynamic nature of information and influences in the field of health and physical education. Students are provided with opportunities to practise communication such as oral, written, visual and digital forms to promote and enhance the health, safety, wellbeing and participation in physical activity of individuals and groups within various contexts. This includes learning to communicate with a variety of audiences, express their own ideas, emotions and opinions in respectful and appropriate ways. Students develop skills to seek help for themselves and others. They develop their understanding of and utilise health and physical activity-related terminology as they provide feedback on movement performances and critically analyse a range of visual and multimodal health messages.

NSW Education Standards Authority (2018). PDHPE K-10 Syllabus 2018, p.34.

How to use this book



Easy to use – just copy/print and teach!



Flexible



Saves you time



Integrates with your topics and content

Choose by content or topic

1. What's my topic or content? Search the contents list by topic:

e.g.

Skills for dealing with challenging situations

Resilience

Decision making strategies for a scenario

2. Search the contents list for syllabus outcomes, strand, key inquiry questions or content.

e.g.

PD4-5 Stage 4: How can I apply my skills to collaborate, communicate, solve problems and include others in physical activity?

3. Copy/print and teach.

Choose by literacy problem

1. What's the literacy issue or challenge that students are facing?
2. Search the literacy skills column for pages that relate to the issue.
3. Copy/print and teach.

Linking ideas with conjunctions

Improve your writing in paragraphs

Cause and effect sentences

Choose by assignment or task

Refer to Literacy Works for Health and Physical Education Book 2.

1. What's the assessment item, assignment or task?
e.g. Evaluate a fitness campaign.
Compare and contrast.
2. Search the contents in Book 2 for pages that relate to the assignment.
3. Copy/print and teach.

Evaluate a health promotion campaign

Compare and contrast report
Scaffold for a compare and contrast report

Model of a compare and contrast report

Harm minimisation